

Ulcerative Colitis

Complex treatment of non-specific ulcerative colitis with low-level HeNe laser used transanally

Dubinkin V A, Mimrikova E G.

81 patients (average age 42) with non-specific ulcerous colitis were treated with trans-anal HeNe laser. After 10-12 sessions 72% of the patients noted a reduction of pain and the stool became rare. Colonoscopy showed that the mucous membrane regenerated rapidly with an increased vascular picture.