

Meniere's Disease – Tinnitus – Case Studies

RO was a 52 year old male diagnosed with Meniere's disease 1½ years prior to his initial visit. His primary complaint was severe episodes of vertigo with a 'rushing sensation to the head' frequently accompanied by nausea and vomiting as well as high pitched tinnitus which varied in intensity and significant hearing loss in the right ear. RO's blood pressure was mildly elevated.

He was seen twice a week for 10 weeks and treated with needle and laser acupuncture. Laser therapy was also given directly into both ears simultaneously for 20 –25 minutes at each session.

RO reported that his hearing improved significantly. His blood pressure was normal at later sessions. He stated that vomiting - which had occurred on average twice weekly for 1½ years – ceased after the first treatment. Frequency and severity of episodes of vertigo diminished from the second treatment onward.

Meniere's Disease/Joint Pain – Case Study

LL was a 76 year old female diagnosed with Meniere's disease for 4 years. Her primary complaint was dizziness, and she reported that she had been experiencing pressure and severe episodes of vertigo at times, once when driving. LL also reported that she had significant hearing loss and high pitched tinnitus in the left ear. She was also treated for knee and shoulder pain and swollen, painful finger joints.

LL was seen for five sessions and treated with laser and needle acupuncture. Laser therapy was also given directly into both ears simultaneously for 20 minutes at each session.

"I have had almost no dizziness," LL reported prior to her second treatment. Before her second session, she remarked, "I've had no attacks." After her fifth and last treatment, LL said, "Everything feels great. No dizziness. No pain."